



University of Arizona
Cancer Center

APRIL 2018



	Mon	Tue	Wed	Thu	Fri	Sat
	<p>2 MINDFULNESS & MEDITATION, 1:30-2:30, BUMC, Cancer Center Not meeting due to Holiday</p> <p>LGBT Cancer Support Group 3:00 pm, RM 1127 UACC, North Campus</p>	<p>3 Prostate Cancer Support Group 2:00-3:45 pm, (Guest Speaker) Room 2920 BUMC, Cancer Center</p> <p>Bone Marrow Transplant Support Group, 5:00-7:00 pm UACC, North Campus RM 1290/91</p>	<p>4 Brain Tumor Support Group, 10:30 to 12:00, BUMC, Cancer Center Rm. 2920</p> <p>Balancing Honesty & Hope: Metastatic Cancer Support Group, 3:30-5, RM 1127, UACC, North Campus</p>	<p>5 Living With Cancer Support Group 2:00-3:30 pm UACC, North Campus, Room 2114</p>	<p>6 Winning Together Breast/GYN Cancer Support Group, 10:30-12:00, RM 1127, UACC, North Campus</p>	7
	<p>9MINDFULNESS & MEDITATION, 1:30-2:30, BUMC, Cancer Center Rm. 2951 Kiewit Auditorium</p> <p>LGBT Cancer Support Group 3:00 pm, RM 1127 UACC, North Campus</p> <p>Leukemia Lymphoma Support Group, 5:30 – 7:00, UACC, North Campus RM 1290/91</p>	<p>10 Men’s Group 5:30 – 7:00 Room 2114 UACC, North Campus</p>	<p>11 Balancing Honesty & Hope: Metastatic Cancer Support Group, 3:30-5, RM 1127, UACC, North Campus</p>	<p>12 Living With Cancer Support Group “Writing for Wellness” 2:00-3:30 pm UACC, North Campus, Room 2114</p>	<p>13 Winning Together Breast/GYN Cancer Support Group, 10:30-12:00, RM 1127, UACC, North Campus</p> <p>AIR TIME support group, 12 – 1:30, UACC Orange Grove Clinic, RSVP to Linda</p>	14
	<p>16 MINDFULNESS & MEDITATION, 1:30-2:30, BUMC, Cancer Center Rm. 2951 Kiewit Auditorium</p> <p>LGBT Cancer Support Group 3:00 pm, RM 1127, UACC, North Campus</p>	<p>17 Prostate Cancer Support Group 2:00-3:45 pm, Room 1929 BUMC, Cancer Center</p>	<p>18 HOPE for Advanced Melanoma Patients & Caregiver Group, 10:30-12, UACC, North Campus, Rm 2114</p> <p>Caregiver Support Group 12-1 UACC Orange Grove clinic, conference room, Please RSVP</p> <p>Thyroid Cancer Support Group, 4:00 to 5:30, Rm 1308, UACC, North Campus, Pitt Consult room</p> <p>Balancing Honesty & Hope: Metastatic Cancer Support Group, 3:30-5, RM 1127, UACC, North Campus</p>	<p>19 Living With Cancer Support Group 2:00-3:30 pm UACC, North Campus, Room 2114</p>	<p>20 Winning Together Breast/GYN Cancer Support Group, 10:30-12:00, RM 1127, UACC, North Campus</p>	21 Multiple Myeloma Support Group 1:00-3:00 pm UA Cancer Center North, Room 1290
8	<p>23 MINDFULNESS & MEDITATION, 1:30-2:30, BUMC, Cancer Center Rm. 2951 Kiewit Auditorium</p> <p>LGBT Cancer Support Group 3:00 pm, RM 1127 UACC, North Campus</p> <p>Look Good Feel Better 3:30-5:30 PM UACC North Campus RM 1290/91. *RSVP 1-800-395-5665</p>	<p>24 Men’s Group 5:30 – 7:00 Room 2114 UACC, North Campus</p>	<p>25 Balancing Honesty & Hope: Metastatic Cancer Support Group, 3:30-5, RM 1127, UACC, North Campus</p>	<p>26 Living With Cancer Support Group 2:00-3:30 pm UACC, North Campus, Room 2114</p>	<p>27 Winning Together Breast/GYN Cancer Support Group, 10:30-12:00, RM 1127, UACC, North Campus</p>	28
5	<p>30 MINDFULNESS & MEDITATION, 1:30-2:30, BUMC, Cancer Center Rm. 2951 Kiewit Auditorium</p> <p>LGBT Cancer Support Group 3:00 pm, RM 1127 UACC, North Campus</p>	MAY 1	<p>2</p> 	<p>Note: Groups meet at either: BUMC, Cancer Center at 1515 N. Campbell, RM 2920 or Kiewit Auditorium, RM 2951 UA Cancer Center (UACC), North Campus, 3838 N. Campbell RM 1290 or 2114 or the Living Room 1127 or UACC Orange Grove clinic, 1891 W. Orange Grove Rd, Conference room Please visit us on our website at http://www.azcc.arizona.edu</p>		

For more information & support for patients and families, call Social workers: Radiation Oncology: Rashida Hays 694-4652, UMC North -Jill Winter 694-0845, Lynn Barwick 694-1855, Brenda Casey 694-0347, Laura Hagerty 694-0805, Kathleen Pickrel, 694-1885 or Laura Stigsell at 694-4107; Orange Grove – Linda Jones 694-8920.

Air Time a support group-- Open to anyone with a cancer diagnosis, including family members or significant others. We meet in the conference room at Orange Grove Clinic, second Fridays of the month 12:00 to 1:30, please call Linda Jones at 520-694-8920 for info

Balancing Honesty & Hope: Metastatic Cancer Support Group - Meets every Wednesday, 3:30-5:00 pm at the UA Cancer Center – North Campus, (3838 N. Campbell Ave.) Room 1127. For further information, please contact Brenda Casey at 694-0347

Bone Marrow Transplant Support Group—Monthly support group for those who are pre-transplant, post-transplant or are considering a stem cell transplant. Family members and friends welcome to join. **Topic: The Scars you can't see are the Hardest to Heal: Recovering from a Stem Cell Transplant.** UACC, North Campus, Rm 1290, 5:00-7:00 pm Contact Kathleen Pickrel for information 694-1885

Brain Tumor Support Group - Support group for individuals who have a brain tumor and significant others who want to share concerns and educational information. This group meets the second Wednesday of each month 10:30 am – 12:00 pm at BUMC, Cancer Center (1515 N. Campbell Ave) Room 2920. Contact: Rashida Hays 694-4652

(Breast/GYN) Winning Together - Winning Together is a weekly support group for women with Breast and GYN cancers. This group meets each Friday at 10:30-12:00 pm at the UA Cancer Center – North Campus, (3838 N. Campbell Ave.) Room 1127. For further information, please contact Brenda Casey at 694-0347

Caregiver Support Group – an informal meeting for caregivers who have a loved one with a cancer diagnosis. Meets the 3rd Wednesdays of the month, 12:00 – 1:00 at the UA Cancer Center – Orange Grove Clinic (1891 W. Orange Grove Rd) Conference Room. **Topic: End of Life Care presentation by Casa De La Luz Hospice.** Please RSVP to Linda Jones 694-8920

HOPE for Advanced Melanoma Patients & Caregivers – This group will meet the 3rd Wednesday of each month, 10:30 am – 12:00 pm, UA Cancer Center, North Campus (Room 2114 upstairs) (3838 N. Campbell Ave). For information, contact Jill Winter at 694-0845.

LGBT Cancer Support Group - Support group for patients who identify as lesbian, gay, bisexual and transgender. Family & friends are welcome. This group meets each Monday 3:00-4:30. Location is the UA Cancer Center – North Campus (3838 N. Campbell Ave) Room 1127. For info contact Brenda Casey at 694-0347.

Leukemia and Lymphoma Society of America Family Support Group - Support group for patients with Leukemia, or Lymphoma and their significant others. This group meets the second Monday of each month, **from 5:30 to 7:00** pm at the UA Cancer Center-North Campus (3838 N. Campbell) Rooms 1290/91. For more info contact Laura Hagerty 694-0805 or Laura Stigsell 694-4107.

Living with Cancer - Support group meets weekly for cancer patients and their caregivers. People with any type of cancer are welcome. This group meets each Thursday, 2:00 pm – 3:30 pm at the UA Cancer Center – North Campus (3838 N. Campbell Ave) in room 2114. Contact Jill Winter at 694-0845. **** Writing for Wellness** meets the second Thursday of each month in lieu of the regular group. This is a monthly drop-in session for patients and families where they can express themselves through structured writing exercises in a relaxed setting.

Men's Support Group - This group is open to any man whose life has been touched by cancer at any time, in any way. The Mens Group meets the second and fourth **Tuesdays (note new day)** from 5:30-7:00 pm in Room 2114 at the UA Cancer Center – North Campus (3838 N. Campbell Ave.) –For info contact Steve Ross at (520) 825-2009 or Laura Hagerty at (520) 694-0805.

Mindfulness & Meditation: - Join us weekly for this stress-relieving meditation training. Regular meditation has many preventative benefits and helps to cultivate a peaceful mind. Meetings are every Monday 1:30-2:30 in the BUMC, Cancer Center (1515 N. Campbell Ave) **Note: No meeting on April 2 due to holiday** Sessions will meet in Rm.2951 Kiewit Auditorium. If you arrive after 1:30, please enter the room quietly and turn off cell phones & electronic devices before you enter the room. There is no charge. Contact: This group will be peer led only, call Lynn Barwick for any questions or concerns 694-1855.

Multiple Myeloma Support Group – A support and education program for patients, family members and loved ones touched by Multiple Myeloma. This group normally meets the third Saturday of each month, 1:00 -3:30 PM at UACC, North Campus, in Rooms 1290 and 1291. Presentation this month will be **John Killip, MD from the MMJP** speaker programs. For more information or questions you may call Lynn Barwick 694-1855 or Kathleen Pickrel 694-1885.

Prostate Cancer Support Group - Support group for men with prostate cancer. Meetings are on the first and third Tuesdays, 2:00 pm – 3:45 pm at the BUMC, Cancer Center (1515 N. Campbell Ave.) in **Room 2919. March 20th group will be in room 2920.** Spouses are welcome to attend. Speakers are the first Tuesday, this month is **Shona Dougherty, MD, ChB, PhD “Prostate Research and Updates”** For further information, please contact Rashida Hays 694-4652.

Thyroid Cancer Support Group – This group meets the 3rd Wednesday of each month, 4:00 to 5:30 in Room 1308, the Pitt Consul Room at the UACC- North Campus (3838 N. Campbell Ave). This group is for all Thyroid Cancer patients, family members/caregivers. Contact Laura Stigsell, LMSW 520-694-4107 for more information.